



Sports, Medicine and Health Summit

50. Deutscher Sportärztekongress
11th Congress of Exercise is Medicine Europe

22 – 24 June 2023
Congress Center Hamburg (CCH)

An interdisciplinary educational forum for
physicians, scientists and practitioners working
in the fields of sports, exercise and health



Exercise
is Medicine®



www.sports-medicine-health-summit.de

The Sports, Medicine and Health Summit is an interdisciplinary educational forum for physicians, scientists and practitioners working in the fields of sports, exercise and health. The unique combination of theory and practice not only provides an opportunity for interdisciplinary networking, but also inspires people to lead a more active lifestyle.

INTERNATIONAL ALLIANCE

Leading organizations from sports, medicine and science industries (e.g. IOC, FIMS, EFSMA, ACSM, DOSB, dvs) have pledged to promote physical activity by signing the "Hamburg Declaration".

FORMATS

The summit features top-notch lectures, keynote sessions, forums, symposia, workshops, debates, meet-the-expert sessions, hands-on training and many more.

EXHIBITION

Companies within the sports and medicine sectors have the opportunity to present their products and the latest trends.

CONTINUING EDUCATION

Physicians, therapists, trainers and healthcare professionals can earn continuing education credits.

NETWORKING

Discuss and network with relevant contacts from medicine, science, politics and business sectors.



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The vision of the Sports, Medicine and Health Summit is to move people: sport and physical activity are elementary components of the health of each individual and society and are promoted by all its institutions.

MISSION

The SMHS supports this vision by:

- ▶ Encouraging interdisciplinary exchanges (interdisciplinarity)
- ▶ Promoting discussions amongst professional groups (multiprofessionality)
- ▶ Transferring scientific knowledge for the practice of sports (transfer and education)
- ▶ Promoting physical activity through the education of specialized groups and interested lay people (behavioral prevention)
- ▶ Supporting and creating suitable political framework conditions (relational prevention, e.g. Active City)

ACTIVE CITY – WHO MOVES THE CITY?

As a certified Global Active City, the Free and Hanseatic City of Hamburg is the ideal place to discuss the promotion of community-based physical activity and to counteract global inactivity with innovative and interdisciplinary solutions. The program is aimed at professionals who use their expertise to promote physical activity (health professionals, general practitioners, pediatricians, teachers, physiotherapists, entrepreneurs, and many more).



**The summit is for physicians, scientists
and practitioners working within the
fields of sports, medicine and health.**

CONGRESS PRESIDENT

Prof. Dr. Dr. Claus Reinsberger

ORGANIZER

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in cooperation with

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(Chairman Prof. Dr. Andreas Nieß)

